

# Lighthouse Century 40 Mile Route

San Luis Obispo Bicycle Club

## Follow Orange or Blue Arrows

Miles Total	Turn	Road	Miles Interval
	<b>Start</b>	<b>Morro Bay High School</b> <b>Start at 9:00 am</b> <b>Note: If you leave before 9:00 am</b> <b>you may return to MBHS before</b> <b>lunch opens at Noon.</b>	
0.0		MBHS Exit	0.1
0.1	L	Atascadero Rd.	0.1
0.2	L	Highway 1 On Ramp	4.6
4.8	R	Highway 1 Off Ramp.	0.2
5.0	L	13th St. (to Stop Sign)	0.1
5.1	R	Ocean Avenue	1.0
6.1	R	Cayucos Drive	0.3
6.4	L	Highway 1 On Ramp	15.0
20.9	R	Cambria Drive	0.1
21	L	Main Street	0.1
21.1	<b>Stop</b>	<b>Pinedorado Rest Stop</b> <b>Open: 8:30 am to 12:30 pm</b>	
21.1	R	Main Street	0.1
21.2	R	Cambria Drive	0.1
21.3	L	South on Highway 1 Follow Blue Arrow	13.3
34.6	R	Ocean Avenue	1.7
36.3	C	Highway 1 On Ramp	4.6
40.9	R	Highway 1 Off Ramp	0.2
41.1	R	Atascadero Rd.	0.1
41.2	R	MBHS Entrance	0.1
41.3	<b>End</b>	<b>Morro Bay High School</b> <b>Post-Ride Meal: 12:00 - 5:00 pm</b>	

## Highway Cautions

The State of California cannot confirm that this route meets all of the criteria set forth in Section 1000 of the State's Highway Design Manual. It is the responsibility of the event organizers to inform orally and in writing each participant to ride with caution.

- **Fast traffic on Highway 1 - Use Shoulder**
- **Move Right to let faster riders pass within the shoulder**
- **Rumble Strips along Highway 1**

## Safe Cycling Practices

1. Ride as far to the right on roads as practicable
  - Ride on the shoulder of the road when it is adequately wide and safe
  - Move left as required to avoid hazards
  - Take the lane when it would put you in danger for a vehicle to pass
  - Take the lane to make a left turn
2. Call out approaching vehicles: "Car Up;" "Car Back"
  - Move right as practicable and into single file to permit vehicles to pass
3. Point out road hazards
4. Signal your intentions and call it out: "Stopping"
5. Pass other riders on the left and call out: "On Your Left"
6. Leave the road completely when stopping. Choose or move to a spot where a SAG vehicle can completely leave the road when stopping to assist.
7. Abide by the California Driver's Handbook - Section 7:  
"Laws and Rules of the Road"s

## Course Hours

Course opens at 7:00am. Riders that start before their staged start time may reach rest stops before they are open. The course closes at 5:00pm. Riders on the course after 5:00pm will not have SAG support.

## Communication

All SAG vehicles and Rest Stops have HAM operators to support communications during the ride.

9-1-1                      Medical & Safety Emergency  
(805) 593-3333        CHP Local Dispatch Center

# Lighthouse Century 40 Mile Map

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